

# Mover & Shaker Award – Essay Prompt

## **Purpose of the Award:**

The *Mover & Shaker Award* recognizes an Alternative Spartan Breaks (ASB) participant who has demonstrated a strong commitment to service and is poised to make significant growth as a community-engaged leader. This award will be awarded **before the Spring Break experience** to honor a student who already exemplifies initiative, reflection, and a dedication to positive social change.

**In 500–700 words, please respond to the following questions:**

### **1. Describe your personal journey with service.**

- a. What forms of community service, volunteering, advocacy, or civic engagement have you participated in throughout your life?
- b. What experiences have shaped your understanding of serving others or addressing community needs?
- c. How have these experiences influenced your values, actions, or goals?

### **2. Explain how participating in an Alternative Spartan Break (ASB) experience will support your continued growth.**

- a. How do you believe the ASB experience will challenge, deepen, or transform your understanding of community engagement?
- b. What new things do you expect to learn because of participating in an ASB trip?

### **3. Share your vision moving forward.**

- a. How do you plan to continue serving, learning, or advocating after the ASB experience?
- b. How will you apply what you learn to your everyday life, your future leadership, or your role in your community?